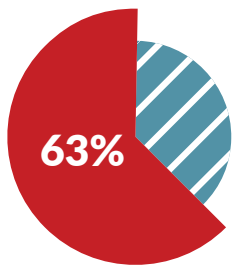


School-Based Health Centers In Madison Schools

A recent survey of Madison, WI youth in Grades 7–12 (Dane County Youth Assessment, 2021) showed that more than half of all youth report mental health concerns, with rates of anxiety impacting 36% and depression affecting 33% of youth. Yet only 3% of youth report receiving mental health services at school and 19% outside of school. Approximately 21% of youth report having suicidal thoughts and 5% report attempted suicide.

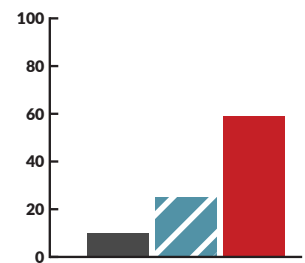
Adolescents are the least likely to have access to preventive health care of any age group. Disparities in access are greatest for historically marginalized youth. One-third of Madison high schoolers are covered under Medicaid and 6% do not have health insurance. Madison youth are in dire need of behavioral health providers to meet their needs in a safe and familiar environment, such as school.



More than **half** of youth in grades 7-12 report mental health concerns.



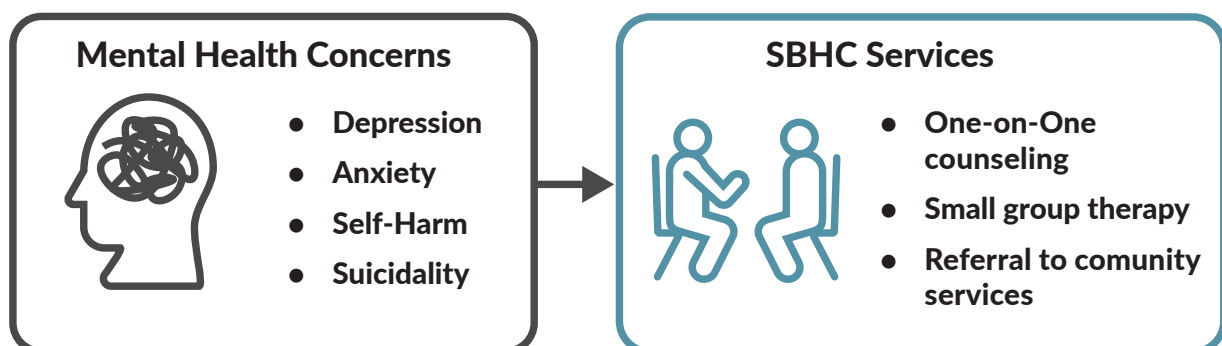
One out of every 5 youth in Madison report **suicidal thoughts**.



High school youth are least likely to have access to preventative health care of any age group.

BEHAVIORAL HEALTH CLINICS

During the 2023-2024 academic year, School-Based Health Centers opened in four high schools in Madison Metropolitan School District (MMSD) by employing full-time behavioral health clinicians. The SBHCs build on successful behavioral health models already in place in MMSD, which include (a) the presence of full-time, licensed, school-employed mental health professionals in each school (e.g., school psychologists, social workers); and (b) a model for behavioral health that contracts community-based mental health professionals to collaborate with schools to expand behavioral health services to children and families across settings.



SCHOOL CLIMATE AND MENTAL HEALTH

Data from the 2023-24 academic year demonstrate that 120 adolescents were seen during 892 behavioral health sessions across SBHCs in 4 schools.

Data reveal that 72% of adolescents were on Medicaid and/or uninsured and that this was the first mental health service 54% of adolescents have encountered. Outreach to youth from historically marginalized backgrounds was particularly successful, as 23% of youth identified as LGBTQ, 5% as nonbinary, 38% as Hispanic/Latine, 30% as Black, and 11% as Multiracial. Twenty-two percent of youth identified Spanish as their home language.

Notably, these percentages are much higher than district averages (e.g., 24% Hispanic/Latine, 19% Black).

72%

**of adolescents who
received SBHC care
in 2023-24 were on
Medicaid and/or
uninsured**



5%
Non-Binary



11%
Multiracial



23%
LGBTQ



30%
Black



38%
Hispanic/Latine

**Over HALF of youth participated in their first
mental health service through SBHC during
the 2023-2024 school year.**

ACCESS TO SCHOOL-BASED HEALTH CLINICIANS

Satisfaction surveys completed by adolescents who received SBHC behavioral health services reported

- High levels of satisfaction in learning coping skills
- Improved relationships
- High levels of satisfaction in the therapeutic relationship that youth established with their therapist



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